



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Peter Hoegdal (57y)** 🇩🇰

has successfully competed in

**Amstel Ice Swim**

Amsterdam, the Amstel

30-Dec-2018

**1000m Freestyle in 30:25.85 minutes**

Overall 7th / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 5.70°C, Wind Chill 5.50°C

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION