



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Gary Knox (45y) 

has successfully competed in
Wild Water Armagh 1k Open

Wild Water Armagh

07-Jan-2018

1000m Freestyle in 16:31.00 minutes

Overall 2nd / Age Group (45-49y) 1st

Category Men

Open Water Course

Water 1.80°C, Wind Chill 3.00°C




Ram Barkai
IISA Chair

Ireland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION