



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sharon Nightingale (56y) 

has successfully competed in
Dutch open ice swimming
Zwembad Waterdam Volendam
19-Jan-2018

100m Breaststroke in 03:09.44 minutes

Overall 5th / Age Group (55-59y) 2nd

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board

