



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Michiel land (43y) 

has successfully competed in
Dutch open ice swimming

Zwembad Waterdam Volendam

19-Jan-2018

100m Freestyle in 01:14.46 minutes

Overall 3rd / Age Group (40-44y) 1st

WORLD RECORD - AGE GROUP

Category Men

Open Water Course

Water 3.60°C, Wind Chill 0.30°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION