



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Els Wermenbol (63y)** 

has successfully competed in  
Dutch open ice swimming  
Zwembad Waterdam Volendam  
19-Jan-2018

200m Freestyle in 04:28.41 minutes

Overall 6th / Age Group (60-64y) 1st


**WORLD RECORD - AGE GROUP**

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION