



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Els Wermenbol (63y) 

has successfully competed in
Dutch open ice swimming
Zwembad Waterdam Volendam
19-Jan-2018

500m Freestyle in 12:06.89 minutes

Overall 9th / Age Group (60-64y) 1st


WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION