



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Kathrin Lammers (47y)** 

has successfully competed in  
Dutch open ice swimming  
Zwembad Waterdam Volendam  
19-Jan-2018

**Ice Mile in 26:14.19 minutes**

Overall 2nd / Age Group (45-49y) 1st

**WORLD RECORD - AGE GROUP**

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION