



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Arnout Angenent (45y)** 


has successfully competed in  
**Dutch open ice swimming**  
Zwembad Waterdam Volendam  
19-Jan-2018

**1000m Freestyle in 16:52.64 minutes**

Overall 8th / Age Group (45-49y) 2nd  
Category Men

Open Water Course  
Water 3.60°C, Wind Chill 0.30°C



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION