



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sebastian Engel (20y)



has successfully competed in Ice Swimming German Open

> Veitsbronn 05-Jan-2018

200m Breaststroke in 02:43.30 minutes

Overall 1st / Age Group (18-24y) 1st

**WORLD RECORD** 

Category Men

Open Water Course Water 3.80°C, Wind Chill 6.00°C



Germany Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION