



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Kathrin Lammers (47y) 

has successfully competed in
Ice Swimming German Open

Veitsbronn
05-Jan-2018

500m Freestyle in 07:50.10 minutes

Overall 8th / Age Group (45-49y) 2nd

Category Women

Open Water Course

Water 3.80°C, Wind Chill 6.00°C




Ram Barkai
IISA Chair

Germany
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION