



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Britta Uhde (47y) 

has successfully competed in
Amstel Ice Swim

Amsterdam

30-Dec-2017

500m Freestyle in 10:38.61 minutes

Overall 3rd / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 4.50°C, Wind Chill 0.20°C



Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION