

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Pauline Barker (54y) 😹

has successfully competed in

ICE Cup, Polish Championships IISA 1km

Lake 3 Stawy Katowice 13-Jan-2018

1000m Freestyle in 22:31.63 minutes

Overall 7th / Age Group (55-59y) 2nd

Category Women

Open Water Course Water 2.30°C, Wind Chill -7.80°C



Ram Barkai

IISA Chair

Poland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION