



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Fergil Hesterman (24y)** 

has successfully competed in  
ICE Cup, Polish Championships IISA 1km

Lake 3 Stawy Katowice

13-Jan-2018

1000m Freestyle in 11:28.54 minutes

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Overall 2nd / Age Group (25-29y) 1st

Category Men

Open Water Course

Water 2.30°C, Wind Chill -7.80°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION