

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Marek Grzywa (42y)

has successfully competed in

ICE Cup, Polish Championships IISA 1km

Lake 3 Stawy Katowice 13-Jan-2018

1000m Freestyle in 19:23.55 minutes

Overall 18th / Age Group (40-44y) 10th

Category Men

Open Water Course Water 2.30°C, Wind Chill -7.80°C, 50.24° N



Ram Barkai IISA Chair

NTERNATIONAL ICE SWIMMING ASSOCIATION

Poland Chair & Board

