

# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Paddy Bond (38y)** 

has successfully competed in  
**IISA GB Championships**

Hatfield Outdoor Activity Centre  
24-Feb-2018

**100m Individual Medley in 01:31.06 minutes**

Overall 4th / Age Group (35-39y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Open Water Course

Water 3.60°C, Wind Chill 1.10°C



  
**Ram Barkai**  
IISA Chair

*Great Britain*  
*Chair & Board*



INTERNATIONAL ICE SWIMMING ASSOCIATION