



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Laurence Watson (40y)

has successfully competed in

#### **IISA IRELAND**

Wild Water Armagh 14-Jan-2017

### 1000m Freestyle in 26:54.00 minutes

Overall 2nd / Age Group (40-44y) 1st

#### Category Men

Open Water Course Water 2.00°C, Wind Chill 3.00°C



Ram Barkai

INTERNATIONAL ICE SWIMMING ASSOCIATION

**Ireland** Chair & Board

