



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Laurence Watson (40y)

has successfully competed in

IISA IRELAND

Wild Water Armagh 14-Jan-2017

1000m Freestyle in 26:54.00 minutes

Overall 2nd / Age Group (40-44y) 1st

Category Men

Open Water Course Water 2.00°C, Wind Chill 3.00°C



Ram Barkai

INTERNATIONAL ICE SWIMMING ASSOCIATION

Ireland Chair & Board

