

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tiffiny Quinn (42y)



has successfully competed in

Ulster Ice Championships

Wild Water Armagh 03-Dec-2016

1000m Freestyle in 18:39.00 minutes

Overall 1st / Age Group (40-44y) 1st **Category Women** 

> Open Water Course Water 4.20°C, Wind Chill 4.20°C



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION