



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Tiffany Quinn (42y)** 

has successfully competed in  
**Ulster Ice Championships**

Wild Water Armagh

03-Dec-2016

1000m Freestyle in 18:39.00 minutes

Overall 1st / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 4.20°C, Wind Chill 4.20°C



  
**Ram Barkai**  
IISA Chair

*Ireland*  
*Chair & Board*

