



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Marek Grzywa (41y) 

has successfully competed in
Silesia Cup 1km (500m,250m,100m (50m pool))

Swietochlowice, Skalka

04-Dec-2016

1000m Freestyle in 21:02.74 minutes

Overall 3rd / Age Group (40-44y) 2nd

Category Men

Open Water Course

Water 0.60°C, Wind Chill -1.10°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION