



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Marek Grzywa** (41y) 

has successfully competed in  
Silesia Cup 1km (500m,250m,100m (50m pool))

Swietochlowice, Skalka

04-Dec-2016

1000m Freestyle in 21:02.74 minutes

Overall 3rd / Age Group (40-44y) 2nd

Category Men

Open Water Course

Water 0.60°C, Wind Chill -1.10°C



  
**Ram Barkai**  
IISA Chair

*Poland*  
*Chair & Board*

