



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Willem Pals (54y)



has successfully competed in Dutch open ice swim championships 2017

> Zwembad De Waterdam in Volendam 27-Jan-2017

50m Freestyle in 00:43.28 minutes

Overall 1st / Age Group (50-54y) 1st

**WORLD RECORD** 

Category Men

Open Water Course Water 4.20°C, Wind Chill 7.00°C



Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION