



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ján Ostrochovský (36y) 

has successfully competed in
River Labe CZ Ice Swim 2016

Hradec Kralove

17-Dec-2016

1000m Freestyle in 26:40.00 minutes

Overall 5th / Age Group (35-39y) 2nd

Category Men

Open Water Course

Water 1.60°C, Wind Chill -2.70°C




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION