



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Fergil Hesterman (23y) 

has successfully competed in
River Labe CZ Ice Swim 2016

Hradec Kralove
17-Dec-2016

1000m Freestyle in 14:12.00 minutes

Overall 1st / Age Group (18-24y) 1st
Category Men

Open Water Course

Water 1.60°C, Wind Chill -2.70°C




Ram Barkai
IISA Chair

Czech Republic
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION