



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Herman van der Westhuizen (50y)



has successfully competed in 2nd Ice Swimming Aqua Sphere World Championships

> Burghausen, Bavaria 05-Jan-2017

1000m Freestyle in 14:59.97 minutes

Overall 15th / Age Group (50-54y) 3rd Category Men

> Open Water Course Water 3.40°C, Wind Chill -11.10°C



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION