



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Deirdre King (35y) 

has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh

28-Jan-2017

1000m Freestyle in 19:26.75 minutes

Overall 8th / Age Group (35-39y) 2nd

Category Women

Open Water Course

Water 3.70°C, Wind Chill 4.00°C, 54.35° N




Ram Barkai
IISA Chair

Ireland
Chair & Board

