



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Sarah O'Malley Daly (52y)

has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh 28-Jan-2017

1000m Freestyle in 18:05.69 minutes

Overall 7th / Age Group (50-54y) 2nd

Category Women

Open Water Course Water 3.70°C, Wind Chill 4.00°C



Ram Barkai IISA Chair

INTERNATIONAL ICE SWIMMING ASSOCIATION

Ireland Chair & Board

