



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Tiffiny Quinn (42y)



has successfully competed in World Cup, Ireland Ice Swimming 1Km Championships

> Wild Water Armagh 28-Jan-2017

1000m Freestyle in 20:05.11 minutes

Overall 10th / Age Group (40-44y) 3rd **Category Women**

> Open Water Course Water 3.70°C, Wind Chill 4.00°C



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION