



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Noel Grimes (44y)



has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh 28-Jan-2017

1000m Freestyle in 21:25.56 minutes

Overall 17th / Age Group (45-49y) 2nd Category Men

> Open Water Course Water 3.70°C, Wind Chill 4.00°C



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION