



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Nuala Mcgurk (41y)** 

has successfully competed in

**World Cup, Ireland Ice Swimming 1Km Championships**

Wild Water Armagh

28-Jan-2017

1000m Freestyle in 16:38.19 minutes

Overall 2nd / Age Group (40-44y) 1st

Category Women

Open Water Course

Water 3.70°C, Wind Chill 4.00°C



Ram Barkai  
IISA Chair

*Ireland*  
*Chair & Board*

