



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Nuala Mcgurk (41y)



has successfully competed in

World Cup, Ireland Ice Swimming 1Km Championships

Wild Water Armagh 28-Jan-2017

1000m Freestyle in 16:38.19 minutes

Overall 2nd / Age Group (40-44y) 1st **Category Women**

Open Water Course Water 3.70°C, Wind Chill 4.00°C, 54.35° N



Treland Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION