



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Ram Barkai (58y) 

has successfully competed in
Polish Championships - Ice Swimming IISA 1km

Katowice

23-Jan-2016

1000m Freestyle in 16:55:00 minutes

Overall 7th / Age Group (55-59y) 1st

Category Men

Open Water Course

Water 2.00°C, Wind Chill 0.00°C




Ram Barkai
IISA Chair

Poland
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION