



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Henri Kaarma** (40y) 

has successfully competed in  
**1st Aqua Sphere Ice Swimming German Open**  
Lake Woehrsee, Burghausen  
11-Jan-2015

1000m Freestyle in 14:31:00 minutes

Overall 2nd / Age Group (40-44y) 1st


**WORLD RECORD - AGE GROUP**

Category Men

Pool Course

Water 4.80°C, Wind Chill 0.00°C



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

