



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Patricia Heffernan (60y) 

has successfully competed in
IISA GB 2023 Championships

Sandford Lido

12-Feb-2023

50m Breaststroke in 01:06.72 minutes

Overall 10th / Age Group (60-64y) 2nd

Category Women

Open Water Course

Water 5.47°C, Wind Chill 10.60°C, Altitude 0m

N-ICE Swim (>5°C)



Ram Barkai
IISA Chair

Great Britain
Chair & Board

