



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Mark Lautman** (69y) 

has successfully competed in  
IISA III World Champ Murmansk 2019 / I Arctic Cup 2019  
murmansk, seymonovskoe lake, Russia  
14-Mar-2019

50m Breaststroke in 00:45.65 minutes

Overall 19th / Age Group (70-74y) 1st

**WORLD RECORD - AGE GROUP**


**WORLD CHAMPION - AGE GROUP**

Category Men

Open Water Course

Water 0.00°C, Wind Chill -6.30°C, 68.97° N



  
**Ram Barkai**  
IISA Chair

*Russian Federation*  
*Chair & Board*

