

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

Janet Manning (59y)



has successfully competed in

**IISA USA Nationals** 

Brookfield Swim Club Chantilly, VA (Washington DC Area) 14-Jan-2024

100m Breaststroke in 01:53.84 minutes

Overall 2nd / Age Group (60-64y) 1st **Category Women** 

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



United States Chair & Board



TERNATIONAL ICE SWIMMING ASSOCIATION