



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ines Friebel (60y)** 

has successfully competed in  
**ZOLLHAUS OPEN German Championships 2024**

Landhotel Altes Zollhaus - Neuhermsdorf

24-Feb-2024

**100m Breaststroke in 02:14.56 minutes**

Overall 11th / Age Group (60-64y) 2nd

Category Women

Pool Course

Water 5.20°C, Wind Chill 0.00°C, Altitude 750m, 50.73° N

**N-ICE Swim (>5°C)**



  
**Ram Barkai**  
IISA Chair

*Germany*  
*Chair & Board*

