



## CERTIFICATE OF ACHIEVEMENT

## This is to certify that

## Caroline Stel (61y)

has successfully competed in

## Amsterdam Ice Swim

Amsterdam 18-Dec-2022

100m Breaststroke in 02:21.47 minutes

Overall 11th / Age Group (60-64y) 3rd

Category Women

Pool Course

Water 1.90°C, Wind Chill -10.40°C, Altitude 0m, 52.36° N

IISA INTERNATIONAL ICE SWIMMING ASSOCIATION

Ram Barkai

**IISA** Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION