



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Ulf Karnikowski (33y)** 

has successfully competed in

**Silbersee-Ice-Cup**

Silbersee Langenhagen

07-Dec-2019

**100m Breaststroke in 02:06.76 minutes**

Overall 2nd / Age Group (30-34y) 1st

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



Ram Barkai  
IISA Chair

*Germany*  
*Chair & Board*

