



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Hugh HyderDarlington (67y)** 

has successfully competed in  
**Antarctica Ice Swimming Adventure - short**

Detaille Island, Antarctica

22-Feb-2024

**50m Freestyle in 02:18.12 minutes**

Overall 1st / Age Group (65-69y) 1st


Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 0m, 66.52° S

**Below the Antarctic Circle**



  
**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*

