



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Oussama Metyar (25y)** 

has successfully competed in  
7th Ice Swim in Morocco

Aguelmam Azegza Lake (Khénifra)

27-Jan-2024

50m Freestyle in 00:44.80 minutes

Overall 7th / Age Group (25-29y) 2nd  
Category Men

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 1475m, 32.58° N



Ram Barkai  
IISA Chair

Morocco  
Chair & Board

