



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Larry Spollen (46y)** 

has successfully competed in  
**IISA USA Nationals**

Brookfield Swim Club Chantilly, VA (Washington DC Area)  
13-Jan-2024

**100m Freestyle in 01:15.56 minutes**



**Overall 2nd / Age Group (45-49y) 1st**

**Category Men**

Open Water Course

Water 3.90°C, Wind Chill 0.00°C, Altitude 0m, 38.88° N



**Ram Barkai**  
IISA Chair

*United States*  
*Chair & Board*

