

## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Eleanor Thomas (46y) 😹

has successfully competed in IISA GB 2024 Championships

Sandford Lido, Cheltenham 07-Jan-2024

100m Freestyle in 01:31.72 minutes

Overall 17th / Age Group (45-49y) 3rd

Category Women

Pool Course

Water 6.87°C, Wind Chill 6.50°C, Altitude 0m, 51.89° N

N-ICE Swim (>5°C)



Ram Barkai

**IISA** Chair

Great Britain Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION