



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**William Rylance** (58y) 

has successfully competed in  
IISA GB 2023 Championships

Sandford Lido

12-Feb-2023

100m Freestyle in 01:20.29 minutes

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Overall 11th / Age Group (55-59y) 2nd

Category Men

Open Water Course

Water 5.47°C, Wind Chill 10.60°C, Altitude 0m

N-ICE Swim (>5°C)



  
Ram Barkai  
IISA Chair

*Great Britain*  
Chair & Board

