



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Raymond Oosterbaan** (41y) 

has successfully competed in  
**Amstel Ice Swim**

Amsterdam, the Amstel  
30-Dec-2018

**100m Freestyle in 01:23.02 minutes**

Overall 1st / Age Group (40-44y) 1st  
Category Men

Open Water Course

Water 5.70°C, Wind Chill 5.50°C, 52.29° N

N-ICE Swim (>5°C)



  
**Ram Barkai**  
IISA Chair

*Netherlands*  
*Chair & Board*

