



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Arleen Gonzalez (42y)



has successfully competed in

Antarctica Ice Swimming Adventure - short

Detaille Island, Antarctica 22-Feb-2024

200m Freestyle in 04:00.00 minutes

Overall 4th / Age Group (40-44y) 1st **Category Women**

Open Water Course

Water 0.00°C, Wind Chill 0.00°C, Altitude 0m, 66.52° S

Below the Antarctic Circle









INTERNATIONAL ICE SWIMMING ASSOCIATION