



# CERTIFICATE OF ACHIEVEMENT

This is to certify that

**Michelle White** (48y) 

has successfully competed in  
**Antarctica 2020**

Deception Island, Antarctica  
25-Feb-2020

**200m Freestyle in 05:00.00 minutes**

Overall 4th / Age Group (45-49y) 1st

Category Women

Open Water Course

Water 1.60°C, Wind Chill 0.50°C, Altitude 0m, 62.90° S



  
**Ram Barkai**  
IISA Chair

*Antarctica*  
*Chair & Board*

