



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Anne O'Donovan (38y) 

has successfully competed in
IISA Ireland 1k National Championships

Wild Water Armagh

26-Jan-2019

200m Freestyle in 03:57.97 minutes

Overall 3rd / Age Group (35-39y) 2nd

Category Women

Open Water Course

Water 4.90°C, Wind Chill 5.90°C, 54.35° N




Ram Barkai
IISA Chair

Ireland
Chair & Board

