



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Els Wermenbol (63y) 

has successfully competed in
Dutch open ice swimming

Zwembad Waterdam Volendam

19-Jan-2018

200m Freestyle in 04:28.41 minutes

Overall 6th / Age Group (60-64y) 1st

WORLD RECORD - AGE GROUP

Category Women

Open Water Course

Water 3.60°C, Wind Chill 0.30°C, 52.51° N




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION