



## CERTIFICATE OF ACHIEVEMENT

This is to certify that

## Rachel Averill (56y)



has successfully competed in

IISA Aotearoa NZ National Open Water Championships

Blue Lake, St Bathans 07-Jul-2023

500m Freestyle in 12:20.46 minutes

Overall 16th / Age Group (55-59y) 5th **Category Women** 

Open Water Course

Water 3.72°C, Wind Chill 2.30°C, Altitude 576m, 44.87° S



New Zealand Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION