

CERTIFICATE OF ACHIEVEMENT

This is to certify that

Emil Andreassen (37y)

has successfully competed in

Amsterdam Ice Swim

Jeugdland Amsterdam 16-Dec-2023

500m Freestyle in 07:34.73 minutes

Overall 3rd / Age Group (35-39y) 1st

Category Men

Pool Course

Water 6.40°C, Wind Chill 9.00°C, Altitude 0m, 52.36° N

N-ICE Swim (>5°C)



Ram Barkai

IISA Chair

Netherlands Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION