





## CERTIFICATE OF ACHIEVEMENT

This is to certify that

tina deeken (46y)



has successfully competed in 5th World Championship - Samoens 2023

> Samoens 13-Jan-2023

500m Freestyle in 08:58.16 minutes

Overall 40th / Age Group (45-49y) 3rd Category Women [Disabled]

Open Water Course Water 3.70°C, Wind Chill 2.00°C, Altitude 1000m, 46.06° N



Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION