



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Carsten Hilker (48y) 

has successfully competed in

Silbersee-Ice-Cup

Silbersee Langenhagen

07-Dec-2019

500m Freestyle in 12:34.81 minutes

Overall 9th / Age Group (45-49y) 2nd

Category Men

Open Water Course

Water 4.90°C, Wind Chill 5.20°C, 52.43° N



Ram Barkai
IISA Chair

Germany
Chair & Board

