



CERTIFICATE OF ACHIEVEMENT

This is to certify that

Frédéric HERVELIN (49y) 

has successfully competed in
Ice Swimming Volendam

zwembad De Waterdam Edam/Volendam

18-Jan-2020

500m Freestyle in 07:53.53 minutes

Overall 5th / Age Group (50-54y) 1st

Category Men

Open Water Course

Water 6.70°C, Wind Chill 5.00°C, 52.51° N

N-ICE Swim (>5°C)




Ram Barkai
IISA Chair

Netherlands
Chair & Board



INTERNATIONAL ICE SWIMMING ASSOCIATION